

Sweet Dreamz Pillow Kit

CrissCross

QUICK START GUIDE

DIRECTIONS

Approximate Finished Size: 18" x 18"
Seam allowances are ½".

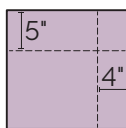
Cutting

- Cut and stitch pieces so that the nap will run down in the finished project.
- Measurements are written as (Width x Height).
- Sample is shown in Lavender and Plum.
- From Plum, cut Appliqué Strips:
 - 1 (3" x 19"), Vertical.
 - 1 (19" x 3"), Horizontal.
- From Lavender, cut:
 - 2 (19" x 19"), Pillow Front and Back.

Assembly

Prepare for the appliqué placement

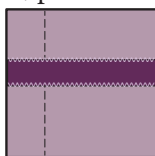
1. Smooth the Pillow Front wrong side up with the nap running down.
2. Draw a horizontal line 5" below the top edge.
3. Draw a vertical line 4" to the left of the right edge.
4. With wrong side up, sew along each marked line.



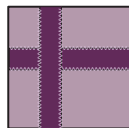
Note: These stitched lines are guidelines for the appliques.

Appliqué the strips

1. Flip the Pillow Front right side up. With both naps running down, align the top edge of the Horizontal Strip with the stitched line.
2. Pin in place—center first, then ends. Keeping the strip smooth, pin frequently between these pins.
3. Zigzag or blanket stitch each edge.

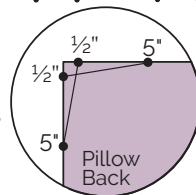
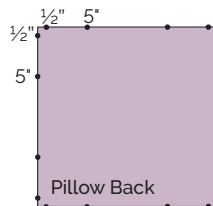


4. Likewise, align and pin the left edge of the Vertical appliqué to the vertical stitched line.
5. Zigzag or blanket stitch the edges.
6. Use a stiletto to loosen the fibers from the stitching.



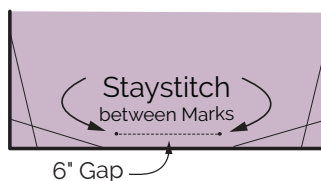
Mark outer stitching lines

1. Smooth the Pillow Back, wrong side up, on a flat surface.
2. Mark ½" and 5" from each corner.
3. For stitching guidelines: At each corner, draw a line connecting the ½" mark to the 5" mark on the adjacent side. Lines will intersect near the corner.



Note: These marks are guidelines for a seam allowance that slightly reduces corner angles, preventing "dog ears".

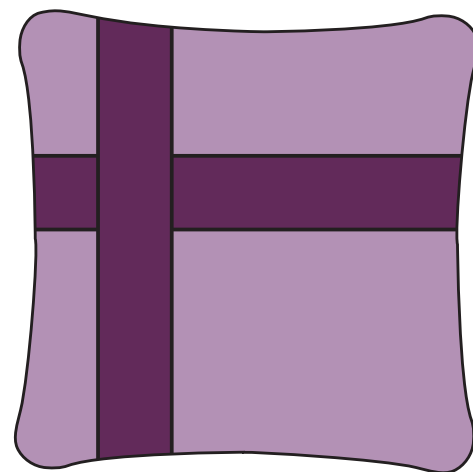
4. Next, mark a 6" gap on the bottom edge of the wrong side of the Pillow Back. Staystitch between the marks.



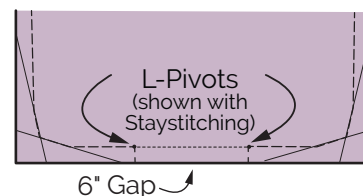
5. Mark and staystitch a corresponding 6" gap on the lower Pillow Front.

Sew the front to the back

1. With right sides together and naps running down, double pin the Pillow Front to Pillow Back.



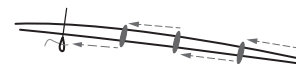
2. Sew the edge, following the marked stitching line at the corners and stitching an L-Pivot at the gap.



Note: L-Pivots secure the seam ends as the pillow is turned and help the seam allowance turn in at the gap.

Finishing

1. Turn the pillow right side out.
2. Gently push out the corners using a point turner.
3. Insert the pillow form, giving a little extra attention to getting the corners filled.
4. Hand stitch the gap closed using a ladder stitch.



Ladder Stitch: Use polyester thread and a hand sewing needle to catch one side of the opening, then the other. Tighten every few stitches.

More Ideas!

- Additional pillow top designs.
- Making a zipper-back pillow.

For additional information, go to:

Shannonfabrics.com: Learning Center:
Sweet Dreamz Pillows