

Sweet Dreamz Pillow Kit

Simple Strips

QUICK START GUIDE

DIRECTIONS

Approximate Finished Size: 18" x 18"
Seam allowances are 1/2".

Cutting

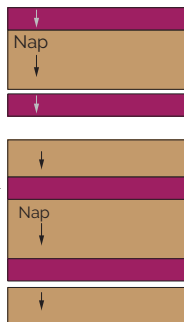
Note: Always cut and stitch pieces so the nap will run down on the final project. Sample is shown in Tan and Magenta.

- From Tan, cut:
 - 2 (19" x 4 1/2"), Top/Bottom Strips.
 - 1 (7" x 19"), Middle Panel.
 - 1 (19" x 19"), Pillow Back.
- From Magenta, cut:
 - 2 (3 1/2" x 19"), Inner Strips.

Assembly

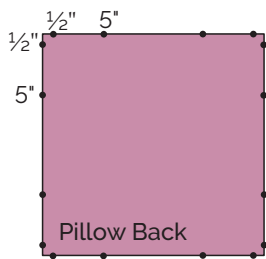
Make the Top

1. Sew Inner Strips to Middle Panel.
Note: Have all naps run down.
2. Sew Top and Bottom Strips to this unit, again with naps running down.



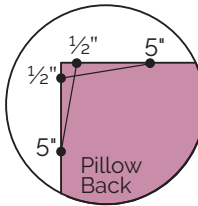
Mark the corners

1. Smooth the Pillow Back, wrong side up, on a flat surface.
2. Make a mark 1/2" and 5" from each corner.

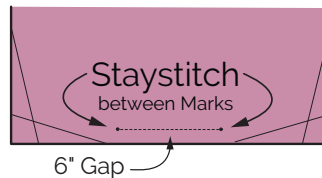


3. For stitching guidelines: At each corner, draw a line connecting the 1/2" mark to the 5" mark on the adjacent side. Lines will intersect near the corner.

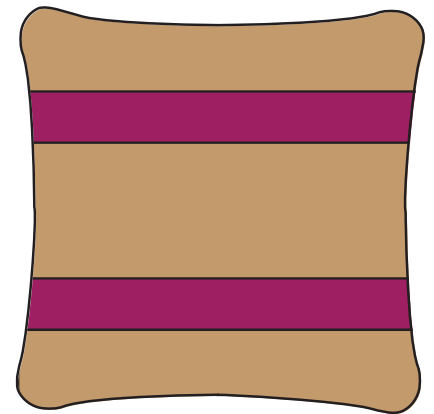
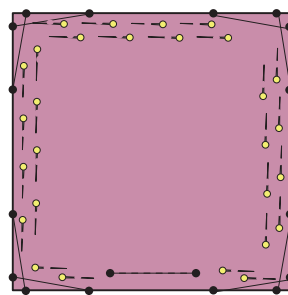
Note: These marks are seam allowance guidelines that will slightly reduce the corner angles, preventing "dog ears".



4. Next, mark a 6" gap on the bottom edge of the wrong side of the Pillow Back. Staystitch between the marks.
5. On the wrong side of the lower edge of the Pillow Front, mark and staystitch a corresponding 6" gap.

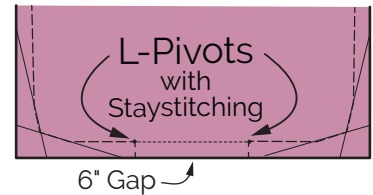


6. With right sides together and naps running down, double pin the Pillow Front to the Pillow Back.



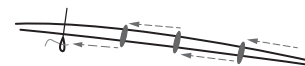
7. Sew the edge, following the marked stitching line at the corners and stitching an L-Pivot at the gap.

Note: L-Pivots secure the seam ends as the pillow is turned and help the seam allowance turn in at the gap.



Finishing

1. Turn the pillow right side out.
2. Gently push out the corners using a point turner.
3. Insert the pillow form, giving a little extra attention to getting the corners filled.
4. Hand stitch the gap closed using a ladder stitch.



Ladder Stitch: Use polyester thread and a hand sewing needle to catch one side of the opening, then the other. Tighten every few stitches.

More Ideas!

- Additional pillow top designs.
- Making a zipper-back pillow.

For additional information, go to:

Shannonfabrics.com: Learning Center:
Sweet Dreamz Pillows