

# Puff Quilt

supplemental pattern for July 14, 2020  
Sew Together Tuesday by Shannon Fabrics  
[blog.shannonfabrics.com/blog/how-to-make-a-puff-quilt](http://blog.shannonfabrics.com/blog/how-to-make-a-puff-quilt)



## Fabric Requirements:

One 5-pack of Sweet Strips or 1/3 yard of five different Cuddle®, Cuddle® prints or Luxe Cuddle®  
1 1/4 yd. Cuddle® or Luxe Cuddle® for backing.  
1 yard quilting cotton  
Royal Silk or Poly-Fil stuffing from Fairfield  
Polyester thread  
45 mm rotary cutter  
90/14 Stretch needle  
Walking foot  
ODIF 505 basting spray

## Cutting Instructions:

Using an acrylic ruler and rotary cutter, choose four Sweet Strips and cut each into two 5” strips, then cut into 5” squares. You will have 22 of each color for 88 total Cuddle® squares.

Cut remaining Sweet Strip into 3” x WOF Strips. Sew them together to create one long 3”-wide strip.  
Cut into two 32” long strips and two 37” strips. Set aside.

Cut Cuddle® for backing into a 41” square. Set aside.

Cut quilting cotton into 4” x WOF strips, then cut into 4” squares. You need 88 total.

Finger-press in half to mark midpoint on each side of cotton square. Alternatively, you can mark each side with a marking pencil or pen.

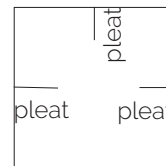
Cut batting into 40” square.

## Sewing Instructions:

Arrange Cuddle® squares so nap is going in the same direction. You will be sewing three sides and will want to leave the same side open on all of them.

Pin Cuddle® square to cotton square, with Cuddle right side up, matching one corner, then pleating Cuddle® at midpoint. Pin in place. Match next corner and pin.

Sew with a 1/4” seam allowance (or 5mm wide zig zag). Pivot at corner and pin pleat at midpoint, and pin next corner. Sew in place. Repeat for third side. (You can also pin and then sew all three sides.)



Repeat for all 88 squares.

Lay out squares in your preferred pattern, in a 9x9 grid. Mix them up however you like!

Carefully sew them together in rows, leaving open side of square open for later stuffing.

Once all the rows are sewn, lay them out to confirm placement.

Stuff each square with a small amount of batting. On open side, pin Cuddle® to cotton back, adding pleat. You can baste these together first or start sewing your rows together.

Pin the open side of one row to the sewn side of the row next to it, using a 1/4 seam allowance.

Continue sewing rows together until layout is complete. All your squares should be stuff and sewn into a square that is approximately 32" x 32".

Finishing instructions:

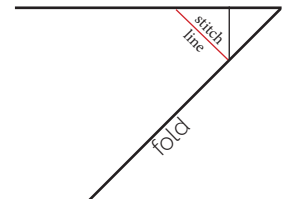
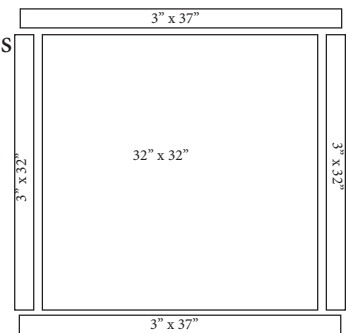
Pin and sew 32" strips to right and left side of this puffed square section. Sew 37" strips to top and bottom of puff section. Use a 1/4" seam allowance.

Center puff section on batting. Baste into place, pulling to get it straight. The batting should be slightly larger than center section on all sides. Trim to a square with rotary cutter.

Spray back backing to quilt front (puff section with borders), making sure that the backing is smooth. Trim backing fabric to 1 1/4" larger than quilt front (should be about 38 1/4").

Mark and sew corners as you would for a Self-Binding Blanket and stitch. You can pull the backing loose at the corners to make it easier to sew. Press back in place.

Bring corners and edges around the quilt front so it is an even 1" border. Pin in place. Top stitch along raw edge of backing by using a zig zag or serpentine stitch. Top stitch 1/4" from outside edge, if desired. Quilt between rows as desired.



**Shannon**  
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The information in this pattern is presented in good faith.  
Every effort has been taken to assure the accuracy herein.

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